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Preschool Self-Regulation Assessment

Smith-Donald, R., Raver, C. C., Hayes, T., & Richardson, B. (2007). *Preschool Self-Regulation Assessment (PSRA)* [Database record]. APA PsycTests.
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Description

The Preschool Self-Regulation Assessment (PSRA; Smith-Donald et al., 2007) measures young children's self-regulation skills. The PSRA is comprised of 10 tasks. Four delay tasks were adapted from the lab-based work of Kochanska and colleagues (Murray & Kochanska, 2002) to assess children's effortful control: Toy Wrap, Toy Wait, Snack Delay, and Tongue Task. Two tasks from Kochanska's lab measure executive control, as they require children to filter competing stimuli: Balance Beam and Tower Task (Maccoby et al., 1965; Murray & Kochanska, 2002). A third executive control task, Pencil Tap, was adapted from the peg-tapping task (Blair, 2002; Diamond & Taylor, 1996). An additional three "do" tasks were included to measure children's compliance: Tower Cleanup, Toy Sort, and Toy Return (see, e.g., Brumfield & Roberts, 1998; NICHD, 1998). Psychometric analysis of the data was conducted using a pilot sample of Head Start children. Factor analysis revealed two components. Internal consistency using Cronbach's alpha was somewhat low for PSRA constructs. T-tests comparing mean performance between boys and girls on the assessor report and PSRA were found to be nonsignificant for each construct. The PSRA showed evidence of concurrent validity based on correlational analysis. (APA PsycTests Database Record (c) 2019 APA, all rights reserved)