

Impact Update September 2023

OUR MISSION

Reach Out and Read gives young children a foundation for success by incorporating books into pediatric care and encouraging families to read aloud together.

TOGETHER, OUR IMPACT IS LIFE-CHANGING

Early Literacy Benefits

- Maximizes critical period of rapid brain development during the first 5 years of life long before other school-based interventions
- Families are 2.5X more likely to read together
- Accelerates language development by 3-6 months
- Increases receptive and expressive language ability
- Contributes to academic success

Early Relational Health Benefits

- Helps build safe, stable, and nurturing relationships
- Facilitates positive interaction and attention from caring adults
- Increases stimulation from people and environment
- Improves social and emotional development

Healthcare Benefits

- Increases well-child visit attendance
- Addresses social drivers of health and supports health equity
- Improves healthcare quality
- · Enhances developmental surveillance
- Improves relationships between patients and providers
- Increases clinic morale and provider satisfaction







Reach Out and Read is the only national pediatric literacy model endorsed by the American Academy of Pediatrics for literacy development and preventing childhood toxic stress.

PROGRAM MODEL

- Doctors gift families
 a new book at each
 well-child checkup
 that is appropriate
 developmentally and
 culturally
- Show families how to look at books and talk about the stories with their children and offer individualized advice for language-rich engagement
- Talk with families
 about the importance of
 reading aloud, reflecting on
 their child's developmental
 progress, and telling them
 what to expect next
- to cuddle up and read together at home and build routines around books









I love that my kids get excited about going to the doctor's office because of the new book they will get. These books are such great learning tools which enhance their imagination and curiosity. My kids love these books and that we can take them anywhere and everywhere.

- Parent, Central Oregon Pediatric Associates

IMPACT BY THE NUMBERS

| | Well-Child Visits | Books Given | Total Providers |
|--------------------|-------------------|--------------------|------------------------|
| Reach Out and Read | 8,400,000 | 6,600,000 | 33,000 |
| Northwest Region | 408,817 | 331,451 | 3,297 |
| Oregon | 182,872 | 163,580 | 1,306 |

We collect data every six months. This is our most recent dataset reflecting the calendar year 2022.