

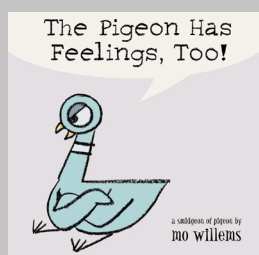


REACH OUT AND READ BOOKLIST

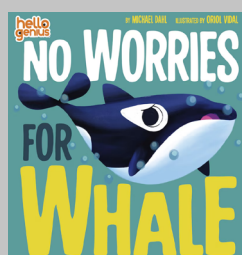
Children's Mental Health Month

Celebrate Children's Mental Health Month with kid-friendly reads about how to cope with feelings and self-esteem.

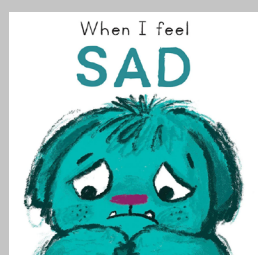
All About Books



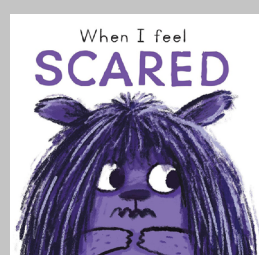
The Pigeon Has Feelings, Too!
Written and illustrated by Mo Willems
Suitable for 2+ years



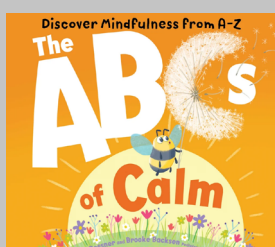
No Worries for Whale
Written by Michael Dahl
Illustrated by Oriol Vidal
Suitable for 1+ years



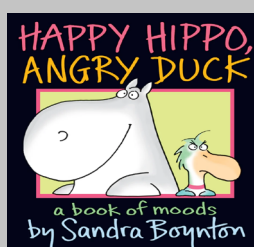
When I Feel Sad
Written by Child's Play
Illustrated by Paula Bowles
Suitable for 1+ years



When I Feel Scared
Written by Child's Play
Illustrated by Paula Bowles
Suitable for 1+ years



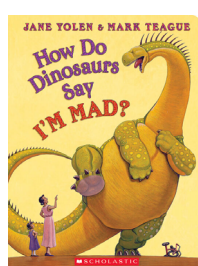
The ABCs of Calm
Written by Rose Rossner and Brooke Backsen
Illustrated by Andotwin
Suitable for 1+ years



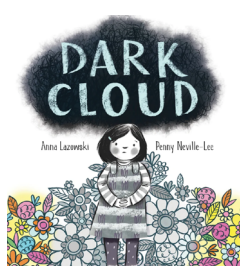
Happy Hippo, Angry Duck: A Book of Moods
Written and illustrated by Sandra Boynton
Suitable for 2+ years



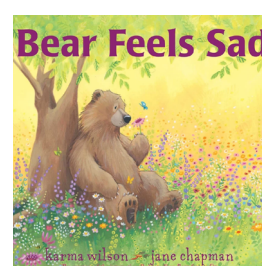
Be Strong
Written by Pat Zietlow Miller
Illustrated by Jen Hill
Suitable for 3+ years



How Do Dinosaurs Say I'm Mad?
Written by Jane Yolen
Illustrated by Mark Teague
Suitable for 2+ years



Dark Cloud
Written by Anna Lazowski
Illustrated by Penny Neville-Lee
Suitable for 3+ years



Bear Feels Sad
Written by Karma Wilson
Illustrated by Jane Chapman
Suitable for 3+ years



Making Faces: A First Book of Emotions
Written by Abrams Appleseed
Suitable for birth and up

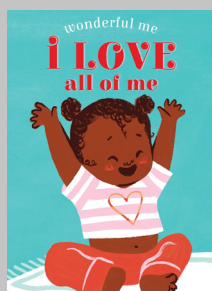


The Rabbit Listened
Written and illustrated by Cori Doerrfeld
Suitable for 3+ years



My Path
Written and illustrated by Jana Curll
Suitable for 3+ years

SCHOLASTIC



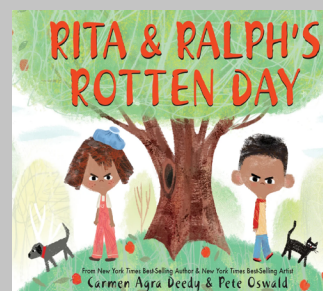
I Love All of Me
Written by Lori Ann Grover
Illustrated by Carolina Búzio
Suitable for 1+ years



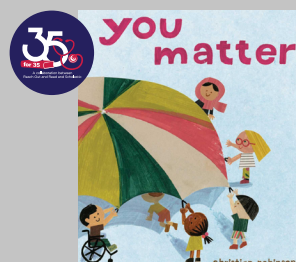
The Worrysaurus
Written by Rachel Bright
Illustrated by Chris Chatterton
Suitable for 3+ years



Sometimes I Kaploom
Written by Rachel Veil
Illustrated by Hyewon Yum
Suitable for 3+ years



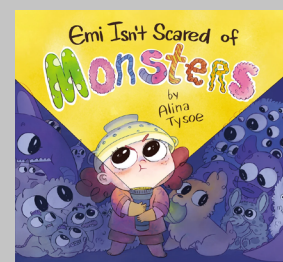
Rita and Ralph's Rotten Day
Written by Carmen Agra Deedy
Illustrated by Pete Oswald
Suitable for 3+ years



You Matter
Written and illustrated by Christian Robinson
Suitable for 3+ years



Ruby Finds a Worry
Written and illustrated by Tom Percival
Suitable for 3+ years



Emi Isn't Scared of Monsters
Written and illustrated by Alina Tysöe
Suitable for 3+ years